

Polski Związek Gimnastyczny
Polish Gymnastic Association



ABOUT



Polish Gymnastic Association is Governing Body for the sport of Gymnastics in Poland. We exist to support, lead and inspire all those involved or interested in Gymnastics.

We manage 6 disciplines including 3 Olympic
We have more than 100 clubs across Poland
with around 3 000 licensed gymnasts.

Our disciplines



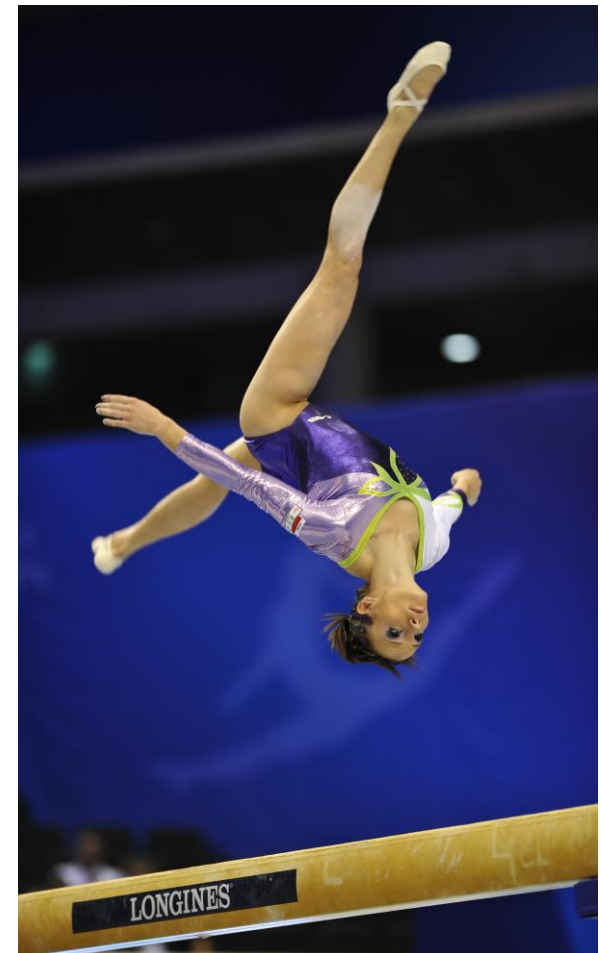
- Men's Artistic



Our disciplines



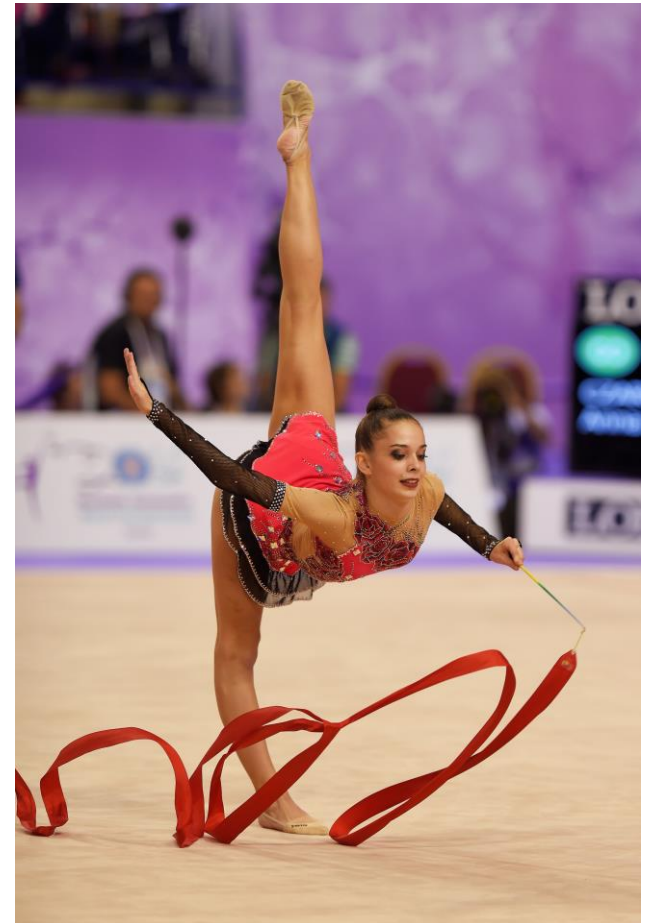
- Men's Artistic
- Women's Artistic



Our disciplines



- Men's Artistic
- Women's Artistic
- Rhythmic



Our disciplines



- Men's Artistic
- Women's Artistic
- Rhythmic
- Trampoline



Our disciplines



- Men's Artistic
- Women's Artistic
- Rhythmic
- Trampoline
- Acrobatic



Our disciplines



- Men's Artistic
- Women's Artistic
- Rhythmic
- Trampoline
- Acrobatic
- Gymnastics for All



Goals and areas of cooperation



- Create education system for our coaches and judges
- Promote Gymnastics as a Sport for All
- improve the management- in central, regional and in clubs
- open to other gymnastic disciplines which are not in Poland
- Maybe some others... 😊



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